



Working as a group and growing together

On to our third week of school.

I can't believe we have two weeks of school behind us already. To sum up last week, we continued to work on the daily routine and social skills. I am quite happy to say they picked it up quickly. We worked on how to talk things out if we have disagreements. As a group we practiced using puppets. If you heard your children talking about Monkey and Moose, those where the names of the puppets who gave the presentation. The ability to resolve conflicts is one of my big goals for the year. This will really help the children when they get into the older grades as well as in their daily lives. If you would like to help reinforce this at home,

look for opportunities to talk with your child about how they are feeling. If they grow upset over something, gently point it out. Using affirming phrases like "you look upset" or "you appear to be sad". Any emotion works to do this with. Allow the child to respond. If the child says "no" to this, ask them to explain how it is they feel. Follow that up by allowing the child to explain why. This really helps the child become aware of how they feel and describing it to someone else. It is important to not tell the child how they feel even if it is visible how they feel. This does not help the child internalize their feelings and could make the situation worse. Instead of talking about the event, you might end up arguing about how the child feels.

This week I am continuing to work on social skills but now I am starting to work on

writing names as part of our morning routine and developing their pre-literacy skills. Again, if you would like to do this at home, any time your child creates a picture or any creation, you can have them write their name on it. Help them spell it or you can write it on a separate piece of paper and show it to them so they can copy it.

Weekly Activity

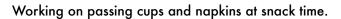
This week will be a fun science activity. This friday is the equinox and you should be able to stand an egg on its end. The day before do this to show that the egg will not do this on its own. This is also a good time to talk about the seasons and the change in weather.

Important Updates



- 1. I am still available to do home visits if you want to sign up just call me at 608-383-4509 or email at zburos@rsd.k12.wi.us.
- 2. The 4-K team is starting to plan other out reach activities and a 4-K picnic was suggested. This is still in the development but your suggestions would be greatly appreciated. What we would like to know are times you are most available, anytime evenings and weekends included. We would like to include as many as possible in our activities so contact me with times that best fit into your schedule and we will try to plan activities so everyone has a chance to attend some of the functions.

Going on a safari to look for lions.









Selena painting a picture with some colors she made herself.

Monica playing with with the pattern shapes

